



**TOWN OF BRACEBRIDGE RECREATION DEPARTMENT  
CONSENT RELEASE AND WAIVER**

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If the participant is 18 years or older, the participant must agree and consent to Items (A) and (B) below. OR  
If the participant is under 18 years of age, the parent or guardian must agree and consent to Items (C) and (D) below.

**CONSENT RELEASE AND WAIVER (Applicable if participant is 18 years or older)**

**(A) CONSENT TO PARTICIPATE (Applicable if participant is 18 years or older)**

To my knowledge I am in good health and I am able to voluntarily agree to participate in a Bracebridge Recreation Program. Any health issues or special considerations I require will be my sole responsibility to communicate to all staff associated with the programs I am participating in. I, the undersigned, am fully aware of my own health and physical condition and having knowledge that my participation in any program may result in physical stress, pain, disability, serious injury including death and other health risks. I further acknowledge that the risk of sustaining injury can result from the nature of the activity itself, natural and manmade, climatic conditions, the actions of third parties and my own physical condition and actions and that injuries can occur through no fault of The Corporation of the Town of Bracebridge (the "Town"), its representatives, agents, employees, and volunteers. If I believe at any time I become unable to participate, I will remove myself immediately from the activity and not to continue to participate.

**(B) RELEASE/HOLD HARMLESS & INDEMNIFICATION (Applicable if participant is 18 years or older)**

Having such knowledge, I hereby release and agree to hold harmless, the Town and the Bracebridge Recreation Department ("BRD"), its representative, agents, employees and volunteers from all actions, causes of actions, suits, claims and demands and I hereby assume all risks connected therewith and consent to participate in this said pass plan/program. I further agree to save harmless the Town and BRD, its employees, agents, servants and assigns from all actions, causes of actions, suits, claims and demands which may be made against the Town relating to or arising from my participation in a Bracebridge Recreation Program.

OR

**CONSENT RELEASE AND WAIVER (Applicable if participant is under 18 years)**

**(C) PARENT/GUARDIAN CONSENT (Applicable only if participant is under 18 years)**

I, the custodial parent and/or legal guardian of the participant which is under 18 years of age, hereby fully understand the inherent risks and understanding these risks agree to allow the child to participate in a Bracebridge Recreation Program. I further understand and accept that the child may be injured from participation, during or in a facility at any location where a program is held. I further acknowledge that the risk of sustaining injury can result from the nature of the activity itself, natural and manmade, climatic conditions, the actions of third parties and the child's own physical condition and actions and that injury can occur through no fault of the Town and BRD, its representatives, agents, employees, and volunteers. As a parent or guardian, fully understanding that my child could be injured I acknowledge that the child may participate in a Bracebridge Recreation Program.

**(D) PARENT/GUARDIAN RELEASE/HOLD HARMLESS & INDEMNIFICATION**

Having such knowledge, I hereby release and agree to hold harmless, the Town and BRD, its representative, agents, employees and volunteers from all actions, causes of actions, suits, claims and demands associated with the child participating in a Bracebridge Recreation Program. Further, I hereby assume all risks connected therewith and consent to the child participating in this program. I further agree to save harmless the Town and BRD, its employees, agents, servants and assigns from all actions, causes of actions, suits, claims and demands which may be made against the Town relating to or arising from the child's participation in a Bracebridge Recreation Program.

I am aware that by signing this agreement and providing my written consent to the child's participation in the Bracebridge Recreation Program--after having consciously and carefully put my mind to the meaning of this document and the child's level of maturity and capacity to participate safely and responsibly in the program - I am hereby expressly waiving substantial legal rights that the child and I, our respective heirs, executors, administrators and next of kin may have against the Town as a result of the child's participation in the program, and that in so doing I am knowingly giving up the child's right to sue anyone associated in any way with the program, in negligence for damages if the child should ever be injured in the course of the child's participation in a Bracebridge Recreation Program.

I further acknowledge that I shall be directly and fully responsible for ensuring that the child at all times completely abides by all Town recreation policies and procedures, and that the child shall participate in the event safely, and that any failure to do so may result in the immediate expulsion of the child from the event or program.

## Recreation Program Expectations

Please read prior to attending Town of Bracebridge recreation programs

- A new COVID-19 screening protocol is in effect. Screening questions adhere to direction from the Ministry of Health and Simcoe Muskoka District Health Unit's Medical Officer of Health to help determine the likelihood of a person's exposure to the COVID-19 virus. On the day of your program, you are encouraged to complete an at home screening before arriving at the facility. When you arrive, our reception staff will complete an on-site, in-person screening. The screening program will keep an attendance log for 30 days in the event that contact tracing is required by Simcoe Muskoka District Health Unit.
- Participants are asked to call and report any illnesses to our recreation staff, stay at home when sick and not return to recreation programs until:
  - Non – COVID 19 related illness you may return after being symptom free for 48 hours or
  - COVID – 19 related illness you may return 14 days from symptom onset and symptom free.
- Individuals with underlying health conditions or who are at higher risk of complications if they are infected with COVID-19 are encouraged to consult a doctor before attending a-program.
- You must wear a mask inside the Town of Bracebridge Recreation Facilities as per the directives from the Simcoe Muskoka District Health Unit. Participants and Instructors may remove their mask once they are in their designated 'fitness zone' or on the pool deck before you enter the water. We suggest that you bring a resalable bag to store your mask in while you participate.
- Hand sanitizer is available in the lobby and throughout the facility.
- Individuals must follow physical distancing guidelines at all time while in the building. Please review facility signage and follow guidelines and direction from staff.
- Markings will be placed on the floor of group fitness studio designating a personal 'fitness zone' to ensure physical distancing.
- Change rooms will be available for pool users only.
- Participants will enter the pool deck via the universal change room and exit through the male and female changerooms.
- Swimmers must take a cleansing shower before entering the pool. We recommend that swimmers shower at home before the swim and arrive at the facility with their bathing suit under their clothes.
- Lockers are not available at this time. Pool users should use the change room and then bring their belongings on deck. Designated areas to store your belongings will be marked on the pool deck.
- Fitness and other program spaces will require you to bring your belongings into the program space with you. Please limit the amount of personal items you bring into the facility.
- Participants are asked to follow facility guidelines as posted regarding cleaning of cardio and fitness equipment.
- The waterslide and diving board are closed at this time.
- Water fountains are closed but bottle fill stations are available. Please bring your own water bottle. Glass bottles are not permitted.

- Spectators are not permitted, where one spectator is permitted per participant. Everyone in the building must be registered and attending a program.
- Swimmers in need of assistance due to physical limitations or age/level should attend with a family member who can provide assistance. Staff will provide access to accessible lifts and equipment, but will not be permitted to have physical contact with swimmers except to assist with emergency first aid.
- Staff will refrain from having physical contact with participants except to assist with first aid. Staff has been provided with PPE and additional training on how to modify first aid procedures to prevent viral spread.
- It is recommended that swimmers who submerge their heads underwater wear goggles.
- Increased cleaning measures are in place, in accordance with Provincial regulations and industry best practices throughout the building.
- Please come prepared and ready to start the class and leave promptly after the class finishes and avoid congregating in the parking lot before or after your program.
- Participants are encouraged to bring their own equipment (yoga mat, kick board, flippers etc...). Town of Bracebridge equipment will be sanitized between each use. However, use of equipment will be kept to a minimum.



## **TOWN OF BRACEBRIDGE**

### **COMMUNICABLE DISEASES INCLUDING COVID-19 ASSUMPTION OF RISK & RELEASE OF LIABILITY**

In consideration of the permission granted by the Town of Bracebridge to participate in its programs, I acknowledge and agree as follows: (or if applicable I acknowledge and agree on behalf of my minor child as follows:)

1. I am not currently experiencing Covid-19 symptoms such as a fever, cough, sore throat, runny nose, flu-like symptoms, or difficulty breathing, nor have I had these symptoms in the last 14 days.
2. I have not travelled outside of Ontario in the last 14 days.
3. I am not currently positive for Covid-19 nor am I waiting for the results of a laboratory test for Covid-19.
4. I have not been identified as a contact of someone who has tested positive for Covid-19 nor have I been asked to self-isolate by a medical professional or by any health agency in Ontario either directly or by its website.
5. I acknowledge Covid-19 has a long incubation period during which carriers of the virus may not show symptoms and still be contagious and that I, or my child, have an elevated risk of contracting Covid-19 by being around other people in a public setting and I hereby assume the risks with respect to acquiring COVID-19 inherent in my, or my child's, participation in Town of Bracebridge programs, including the associated risk of death or severe bodily injury that may accompany Covid-19.
6. I hereby release and save harmless The Corporation of the Town of Bracebridge and its employees and representatives from any and all claims and demands associated with my, or my child, acquiring Covid-19, from my participation in Town of Bracebridge programs, due to any cause whatsoever, including negligence, breach of contract, mistakes or errors in judgment. This Release of Liability shall be binding upon my heirs, next of kin, executors, administrators, assigns and representatives.
7. I have read this document in its entirety and fully understand its terms.
8. I am a participant, age 18 years or older, OR, I am the Custodial Parent or Guardian of the participant which is under 18 years of age.