



Bracebridge Peake Fields Disc Golf

- **The Intention of the Game**
 - Disc golf is the flying disc variant of the game of golf. Instead of a ball and (many different) golf-clubs this game is played with a flying disc. Players traverse a course making as few throws as possible in reaching objects placed strategically throughout the area. Many terms you will encounter in ball golf are also familiar in disc golf. For example: tee, hole, hole-in-one, putt, approach, birdie, par, drive.
- **The Course**
 - The 9-hole disc golf course at Peake Fields at Verena Acres is a beautiful high intensity trail that includes many trees, hills, creek and natural hazards. Players are encouraged to wear closed toe-shoes, bug repellent, cell phone and drinking water.
- **Disc Golf- What's it all about?**
 - Players attempt to reach a target, starting at the tee. A target is a round metal basket on a pole. Above the basket loose chains are attached. These stop the disc in its flight and make it fall down into the basket. The target is then reached only when the disc falls into the basket.
- **The Tee**
 - The tee is the throwing area to begin play and is usually an area marked with a throwing line.
- **The Next Throws**
 - Immediately after teeing off, the player whose disc is the farthest from the target, throws again first. The next throw is played from the position where the previous throw came to rest. Before picking up the disc the player places a marker-disc (a mini-disc of about 10 centimeters) in front of the thrown disc. The player puts his or her foot behind the marker-disc for the next throw.
- **Out-of-Bounds**
 - When a disc lands outside the playing field it is out-of-bounds. Players get a penalty of one throw and can continue at the position where the disc left the playing field. If the disc falls into water, the next throw is taken from the bank at the point where it left the playing field
- **The Putt**
 - The final throw at the target from a short distance is called a putt. The hole is completed when the disc comes to rest in the basket.
- **Different Discs for Different Situations**



BRACEBRIDGE
The Heart of Muskoka

FAQs

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- A ball golfer can choose from several clubs. A disc golfer can choose from several discs, each with specific flight properties. For each throw he or she can pick a disc which seems to be appropriate. Most golfers carry five to ten discs; among them special drivers, approach discs and putters.
- **No Referee**
 - Fair play is an important aspect of all flying disc sports. Like other sports, disc golf is played without a referee. The players themselves are responsible for the course of the game.