

PROGRAMS at a GLANCE

Classes are available at the Bracebridge Sportsplex and Muskoka Lumber Community Centre for all ages and abilities. This is just a snapshot of what's coming up for the summer.

Learn more at bracebridge.ca/programs



SAVE THE DATE

Youth Socials: Return in October

Family Fun Nights: Return in October

July 31 - National Lifeguard Appreciation Day



FUN ACTIVITIES FOR ALL

Climbing Wall - Bracebridge Sportsplex

- Tuesdays - Toonie Instructional
 - 4:00 - 6:00 pm
- Wednesdays - Instructional
 - 4:00 - 6:00 pm

Pools - Bracebridge Sportsplex

- Public Swims
- Lap Swims
- Therapy Swims
- Parent & Tot Swims

Walking Track - Bracebridge Sportsplex

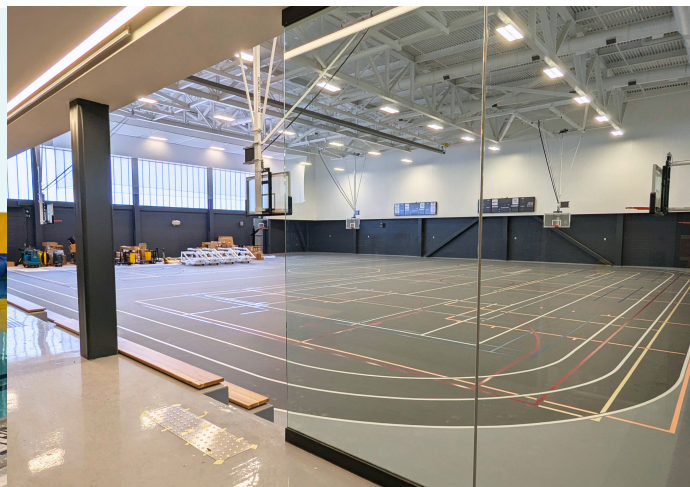
- Open during regular facility hours

Kubota North Wellness Centre- Bracebridge Sportsplex

- Open during regular facility hours

Daily Activities - Muskoka Lumber Community Centre

- Preschool & Caregiver -
 - Sundays 2:30 - 4:30 pm
- Various "Open Gym" times. Some specific sports available. Please check online or call us
- Public Skating -
 - Tuesdays/Thursdays - 3:30-4:30 pm



FITNESS

Adult Recreation Programs - Fitness

- Family Pilates (ages 7+)
 - Starts July 2
- TRX Fitness
 - Starts July 7
- Functional Training Circuits
 - Starts July 16 & 22
- Barre Circuit
 - Starts July 21

Children & Youth - Youth Fitness

- Family Pilates (ages 7+)
 - Starts July 2

Why not spend time this summer Volunteering?

- Contact Christine - ccousins@bracebridge.ca



AQUATICS LEADERSHIP

July 2-4

- Red Cross Babysitting & Emergency First Aid 11-14 years

July 7-11

- Junior Lifeguard 8-14 years

July 14-18

- Leadership Prep courses
- Rookie / Ranger / Star Patrol and Bronze Star 8-14 years

July 21-25

- Bronze Medallion & Emergency First Aid 13 years +

August 5-8

- Red Cross Stay Safe & Basic First Aid (At Home Alone) 8-11 years

August 11-15

- Bronze Cross & Standard First Aid 14 years

August 18-22

- Lifesaving Swim Instructors & High Five 15 years +





Did You Know?

Students age 13-17 can get a youth pass for \$50 which entitles them to participate in daily recreation activities in both facilities and access The Wave (public bus).



Indoor climbing helps with core, upper body, grip, flexibility, balance, cardiovascular fitness.

...Not to mention the calorie burn, and enhanced problem-solving skills.

ONE MEMBERSHIP, ENDLESS POSSIBILITIES.

- Muskoka Lumber Arena - Ice surface
• Proline Rentals Fieldhouse - Multi-court surfaces
• Climbing wall
• 3 Pools - 25m Lap, Therapy & Leisure
• 2 storey waterslide
• Indoor walking tracks
• Kubota North Wellness Centre - Weightroom
• Group Fitness Studio - Fitness classes
• PLUS... 15% discount for children and youth with annual memberships on all registered programs... inclusive of swim lessons, camp and general interest programs.

Learn more at bracebridge.ca/memberships

COMING UP

- June 9 - 23 : Fieldhouse closure
• June 23-27 : Therapy Pool closed
• July 25 : Drowning Prevention Day - Falls will be blue
• August 29: September 15: Pool & Climbing Wall closure

READY TO REGISTER

Visit bracebridge.ca/programs or scan the QR codes below to view all of the programs and schedules available.

Programs



Log in



Why register in advance for Daily Programs?

- Receive notification of cancelled classes
• Faster check-in
• Secure your spot in popular classes

If you're pre-registered, please swipe your card at the Customer Service Desk

Need assistance?

Call or email us at rec.office@bracebridge.ca



@townbracebridge



WHAT'S ON DECK WITH REC Summer 2025

What's inside:

- Programs at a Glance
• One Membership, Endless Possibilities
• Closures and Special Events
• Registration Information

705-645-3037

bracebridge.ca