

WINTER 2026 WHAT'S ON DECK WITH REC

BRACEBRIDGE



bracebridge.ca/be-active



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705-645-3037

bracebridge.ca/programs

Children & Youth

	Program Title	Day	Time	Age	Date
Art	NEW Introductory Songwriter's Workshop	Wed	4:00 pm - 5:30 pm	11-14 years	Jan 14 - Mar 4
	Introductory Songwriter's Workshop	Wed	6:00 pm - 7:30 pm	14-17 years	Jan 14 - Mar 4
	Acrylic Painting Workshop	Mon	5:15 pm - 6:45 pm	8-12 years	Jan 26
	Acrylic Painting Workshop	Mon	4:00 pm - 5:00 pm	6-7 years	Jan 26
	Intro to Drawing	Mon	4:00 pm - 5:00 pm	8-12 years	Feb 2 - Mar 2
	Intro to Graphic Novels	Mon	5:00 pm - 6:30 pm	8-14 years	Feb 2 - Mar 2
	Intro to Painting	Mon	4:00 pm - 5:00 pm	8-12 years	Mar 23 - Apr 20
	NEW Jewellery Making Workshop	Mon	4:00 pm - 6:00 pm	10-14 years	Jan 19
	Try It All: Visual Arts and Crafts Edition	Mon	5:00 pm - 6:30 pm	8-12 years	Mar 23 - Apr 20
Climbing	Family Climb	Sat	11:00 am - 11:45 am	5-12 years	Jan 10 - Feb 7
	Games Climbers Play	Thu	4:00 pm - 4:30 pm	5-7 years	Multiple Dates
General Interest	Cooking and Baking Around the World	Tue	4:00 pm - 6:00 pm	7-12 years	Mar 23 - Apr 20
	Mindful Wellness for Youth	Tue	3:30 pm - 4:00 pm	14-17 years	Feb 3 - Mar 10
	Mindful Wellness for Children	Wed	4:30 pm - 5:00 pm	9-14 years	Feb 4 - Mar 11
Sports	NEW Floor Hockey League	Mon	4:30 pm - 5:15 pm	7-10 years	Multiple Dates
	Intro to Volleyball	Fri	5:15 pm - 6:00 pm	9-11 years	Multiple Dates
	Try it all Sports	Mon	5:15 pm - 6:00 pm	7-8 years	Multiple Dates
	Try it all Sports	Mon	6:00 pm - 6:45 pm	9-10 years	Multiple Dates
	Try it all Sports	Friday	5:15 pm - 6:00 pm	7-10 years	Multiple Dates
Youth Fitness	Kids Dance Fit	Wed	4:30 pm - 5:15 pm	5-9 years	Multiple Dates
	Youth Functional Training Circuit	Wed	3:30 pm - 4:15 pm	11-15 years	Multiple Dates
	Youth Sports Conditioning	Tue	3:30 pm - 4:15 pm	12-16 years	Multiple Dates
	Youth Sports Conditioning	Tue	4:15 pm - 5:00 pm	8-12 years	Multiple Dates

Baking and Decorating - Winter & New Year's Edition

Mon/Tue

2:00 pm - 4:00 pm

7-12 years

Dec 29 - Dec 30

Adventure Club

NEW

Plex Adventure Club

A safe, supervised environment where children can explore, create, and have fun. Kids will enjoy a variety of activities, including active games, imaginative play, crafts, music, and more.

Thu

5:30 pm - 7:30 pm

2-5 years
6-10 years

Jan 8 - Jan 29
Jan 10 - Jan 31
Feb 5 - Feb 26
Feb 7 - Feb 28

Sat

9:30 am - 11:30 am

2-5 years
6-10 years

Preschool

	Program Title	Day	Time	Age	Date
Arts	Little's Snack, Sing and Play	Thu	12:45 pm - 1:30 pm	1-6 years	Multiple Dates
	Pee Wee Picassos	Sun	11:00 am - 11:45 am	2-4 years	Multiple Dates
	Sensory Centres	Sun	10:00 am - 10:45 am	2-4 years	Multiple Dates
General Interest	Little Dance Stars	Mon	10:15 am - 11:00 am	3-4 years	Multiple Dates
	Little Movers	Fri	9:30 am - 10:00 am	2-4 years	Jan 23 - Feb 13
	Little Moves & Grooves	Mon	9:15 am - 10:00 am	1-2 years	Multiple Dates
	Mini Adventurers	Fri	9:15 am - 10:00 am	1-2 years	Multiple Dates

Camp

Ages 5 - 12

Holiday Camp

Dec 22 - Dec 24
Dec 29 - Dec 31
Jan 2

PA DAY Camp

Jan 30
Feb 27

March Break Camp

Mar 16 - Mar 20

Swimming

	Program Title	Day	Time	Age	Date
	Family Swim Lessons	Tue	Time dependent on level	3-12	Multiple Dates
		Thu	Time dependent on level		
	Homeschool Swim lessons	Thu	Time dependent on level	3-12	Jan 8 - Mar 5
Leadership	Bronze Medallion/ EFA	M-F	9:00 am - 4:00 pm	12+	Mar 16 - Mar 20
	Bronze Cross/ SFA	M-F	9:00 am - 4:00 pm	13+	Mar 16 - Mar 20
	National Lifeguard Course	M-F	9:00 am - 4:00 pm	15+	Mar 16 - Mar 20
	National Lifeguard Recert	Fri	12:30 pm - 4:30 pm	15+	Mar 20
	Swim for Life Instructor	Tue	5:30 pm - 8:00 pm	15+	Jan 6 - Mar 3
Specialty	Jumping Jellyfish: Intro to Artistic Swimming	Tue	6:00 pm - 6:30 pm	6-13	Jan 6 - Mar 3
Adult	Adult Beginner Swim Lessons	Tue	6:30 pm - 7:00 pm	15+	Jan 6 - Mar 3
	Adult Swim Strokes	Thu	7:00 pm - 7:45 pm	15+	Jan 8 - Mar 5

Lifesaving Sport



Saturday
Jan 10 - Mar 7
8:30 - 9:30 am

Lifesaving Sport Fundamentals introduces kids to lifesaving skills through fun, active play. The program encourages teamwork, fair play, and personal responsibility while preparing participants for friendly competitions like TeleGames and local meets. Designed for ages 8 to 15, this program is ideal for those who have completed Swimmer 4. It's an exciting new addition to the Town of Bracebridge's recreation lineup!



Adult

	Program Title	Day	Time	Age	Date
Arts	Alcohol Inks	Thu	1:30 pm - 4:30 pm	16+	Feb 12
	Learn to Sing - Group Lessons	Thu	1:30 pm - 2:30 pm	16+	Jan 29 - Mar 5
	Learn to Sing - Group Lessons	Thu	5:00 pm - 6:30 pm	16+	Jan 29 - Mar 5
	Ukulele	Wed	7:00 pm - 8:30 pm	16+	Jan 21 - Feb 25
	Writing Your History	Mon	5:30 pm - 6:30 pm	16+	Jan 12 - Mar 2
Fitness	Advanced Aqua Rehab: Hip and Knee Health	Thu	11:30 am - 12:15 pm	13+	Multiple Dates
	Artistic Swimming Basics for Fitness	Tue	12:30 pm - 1:30 pm	13+	Mar 10
	Barre Circuit	Wed	5:15 pm - 6:15 pm	13+	Multiple Dates
	Family Yoga	Sun	11:15 am - 12:15 pm	6+	Multiple Dates
	Functional Training Circuit	Multiple Dates days and times		13+	Multiple Dates
	Gentle Chair Workout	Tue	1:15 pm - 2:15 pm	13+	Multiple Dates
	Intro Aqua Rehab: Hip and Knee Health	Tue	12:30 pm - 1:15 pm	13+	Multiple Dates
	Learn to Weightlift	Thu	2:30 pm - 4:00 pm	13+	Feb 26
	Lift to Last: Strength Training for Stronger Bones	Thu	10:15 am - 11:00 am	13+	Multiple Dates
	Retro Remix: 80s/90s Aerobics + Step	Wed	7:30 am - 8:15 am	13+	Multiple Dates
	Spin Fit	Tue	7:30 am - 8:30 am	13+	Multiple Dates
	TRX Fitness	Multiple Dates days and times		13+	Multiple Dates
	Core-a-Lates	Thu	9:00 am - 10:00 am	13+	Multiple Dates
Sports	Intermediate Pickleball	Mon	9:30 am - 11:00 am	18+	Multiple Dates
	Introduction to Pickleball	Multiple Dates days and times		18+	Multiple Dates
	Pickleball Drills & Play	Multiple Dates days and times		18+	Multiple Dates
	Triathlon Training	Tue	8:00 pm - 9:00 pm	16+	Jan 6 - Mar 3
	Learn to Cross Country Ski	Sun	10:00 am - 11:00 am	18+	Jan 25 - Feb 22
Wellness	Baby + Me Yoga	Fri	1:15 pm - 2:15 pm	16+	Jan 9 - Jan 30
	Somatic Stretching for Stress Release	Multiple Dates days and times		18+	Multiple Dates
	Soul Flow Sessions	Sun	10:00 am - 11:00 am	18+	Multiple Dates
	Tai Chi, Chi Kung & Meditation - Intermediate	Wed	11:30 am - 1:00 pm	18+	Jan 7 - Mar 11
	Tai Chi, Chi Kung & Meditation - Beginner	Wed	1:15 pm - 2:45 pm	18+	Jan 7 - Mar 11
	Therapeutic Warm Water Mind Body Aqua	Tue	1:30 pm - 2:30 pm	18+	Multiple Dates

Women Learn to Climb

Climbing is a great social activity which challenges you to stretch your muscles and helps to increase flexibility in a fun non traditional way. Helmets and harness included.

Women Learn to Climb

Monday
Jan 19 - Feb 9
6:00 - 7:00 pm
18+ years

Check out our one-day workshops. Topics include:

- Trending Diets Explained
- Brain Food: Nutrition to Support Memory and Focus
- Walk This Way: Exploring Walking Styles for Better Health
- Aging Myths and Realities for Women
- Beating Burnout
- Enjoying Menopause: For Every Stage
- Fall Prevention
- Gloriously Imperfect: A Self-Love Reset
- Healthy Heart
- Partner Yoga
- Strong to the Core: Posture & Stability for Everyday Life

**Registration Opens
on December 10
@ 7:30 am**



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